

Andri M Thorarinsson, MD, PhD

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General information

Born: Reykjavik, January 16th 1972
Married to: Rosa Jonasardóttir, CFO
Children: Eva Lineik Andradottir, b. 1996
Dadi Andrason, b. 2001
Ina Andradottir, b. 2008

Education and licenses

1979 – 1988	Elementary School in Akureyri, Iceland
1981 – 1991	Akureyri Music School; trombone 7. stage, musical theory 8. stage
1988 – 1992	Junior College of Akureyri, Iceland; matriculation examination
1992 – 1993	Riverside Community College, California, USA
1993 – 1994	University of Iceland, Faculty of Social Sciences, Psychology
1994 – 2000	University of Iceland, Faculty of Medicine; Cand. med. et chir. (MD)
2002	Icelandic medical license
2004	Swedish medical license
2007	Swedish license as Plastic Surgeon
2007	Icelandic license as Plastic Surgeon
2008	Danish license as Plastic Surgeon
2008 – 2017	Gothenburg University, PhD studies; Breast reconstruction methods, complications and health related quality of life
2017	Defense of thesis; PhD degree
2017	Norwegian medical license
2018	Norwegian license as Plastic Surgeon

Postgraduate courses

- 2001 Society of Surgeons, Reykjavik; Annual research conference
- 2003 The Icelandic Society of Surgeons, Reykjavik; Annual research conference
- 2003 Plastic Surgery 2003 – ASAP Congress; San Diego, USA
- 2003 ABLS (Advanced Burn Life Support), Linköping, Sweden; Diploma
- 2004 The Icelandic Society of Surgeons, Reykjavik; Annual research conference
- 2005 SK-course IV: Trauma; Uppsala, Sweden
- 2005 Microdialysis in the Clinic; Stockholm, Sweden
- 2005 SK-course V: Aesthetic Surgery; Malmö, Sweden
- 2005 Study day in Hemifacial microsomia; Uppsala, Sweden
- 2006 SK-course I: Congenital malformations; Bergen, Norway
- 2006 SK-course II: Cancer and Reconstructive Surgery; Helsinki, Finland
- 2007 SK-course III: Transplantation; Odense, Denmark
- 2007 Northwick Park Workshop in Microsurgery, London, England
- 2008 11th Nordic Burn Injury Meeting; Uppsala, Sweden
- 2008 Nordic Advanced Burn Forum; Thorsskogsslott, Sverige
- 2008 Instructional Course on Augmentation Mammoplasty, Madrid, Spain
- 2010 Introduction to research (15p); Gothenburg University, Gothenburg, Sweden
- 2010 Congress of Scandinavian Association of Plastic Surgeons; Reykjavik, Iceland
- 2011 World Society Reconstructive Microsurgery Congress; Helsinki, Finland
- 2012 Advanced Statistics (4,5p); Gothenburg University, Gothenburg, Sweden
- 2013 Measurement of Health Related Quality of Life (7,5p); Gothenburg University, Sweden
- 2013 International Plastic, Reconstructive and Aesthetic Society Congress; Santiago, Chile
- 2013 International Breast Surgery Workshop; Rome, Italy
- 2014 European Federation of Societies for Microsurgery Congress; Barcelona, Spain
- 2014 Member of faculty; International Workshop in Microsurgery; Gothenburg, Sweden
- 2015 The Swedish Association for Plastic Surgeons – Annual meeting
- 2015 Member of faculty; International Workshop in Microsurgery; Gothenburg, Sweden
- 2015 The Annual Meeting of the Swedish Association for Reconstructive Microsurgery
- 2015 Member of Faculty; International Workshop in Microsurgery; Gothenburg, Sweden
- 2016 The Annual Meeting of the Swedish Association for Reconstructive Microsurgery
- 2016 Member of Faculty; International Workshop in Microsurgery; Gothenburg, Sweden
- 2017 The Annual Meeting of the Swedish Association for Reconstructive Microsurgery
- 2017 Member of Faculty; International Workshop in Microsurgery; Gothenburg, Sweden

Post graduate courses (cont.)

- 2018 The Annual Meeting of the Egyptian Society of Plastic & Reconstructive Surgeons; Luxor, Egypt
- 2018 The Annual Meeting of the Swedish Association for Reconstructive Microsurgery
- 2018 The ICOPLAST Symposium – Optimizing results in breast reconstruction; Luxor, Egypt
- 2018 Member of Faculty: International Workshop in Microsurgery; Gothenburg, Sweden
- 2018 The Meeting of the European Federation of Societies of Microsurgery; Belgrade, Serbia
- 2019 Member of Faculty: The Annual Meeting of the Swedish Association for Reconstructive Microsurgery; Gothenburg, Sweden
- 2019 Member of Faculty: International Workshop in Microsurgery; Gothenburg, Sweden

Language skills

Native:	Icelandic / Swedish
Fluent:	English
Advanced:	Danish, Norwegian
Limited:	German

Work and positions held

- 1984 – 1992 Akureyri Town; Gardening; Akureyri, Iceland
- 1993 Valsmidi Furniture factory; Furniture making; Akureyri, Iceland
- 1994 Securitas hf.; Security Guard; Reykjavik, Iceland
- 1995 – 1996 Akureyri Botanic Garden; Foreman; Akureyri, Iceland
- 1997 Hlíð Nursery Home; Nurse; Akureyri, Iceland
- 1997 – 1998 Department for Orthopedic Surgery and Department of Medicine, Regional Hospital in Akureyri; Intern; Akureyri, Iceland
- 1998 Landspítali University Hospital; Reykjavik; Research project in immunology as part of BSc degree
- 1998 – 1999 Primary Care at the Health Care Centers at Hornafjörður, Laugaras, Keflavík, Bolungarvík and the Regional Hospital in Akureyri, Iceland; General Practitioner
- 1999 Health Care Center in Djúpivogur; General Practitioner; Djúpivogur, Iceland

Work and positions held (cont.)

1999 – 2000	Health Care Center in Grundarfjordur; General Practitioner; Grundarfjordur, Iceland
1999 – 2000	Dept. of Medicine at the Regional Hospital in Akureyri; Intern; Akureyri, Iceland
2000 – 2001	Regional Hospital in Akureyri. Intern rotation at several departments; Akureyri, Iceland
2001 – 2002	Akureyri, Primary Care Center; General Practitioner
2001 – 2004	University of Akureyri; Guest lecturer in neuroanatomy, Akureyri, Iceland
2002 – 2004	Landspítali, University Hospital; Dept. of Surgery; Resident; Reykjavik, Iceland
2004	Örebro University Hospital, Dept. of Plastic Surgery; Temporary Position; Örebro, Sweden
2004 – 2005	Örebro University Hospital, Dept. of Plastic Surgery; Doctor; Örebro, Sweden
2005 – 2006	Örebro University Hospital, Dept. of Plastic Surgery; Surgeon in Training; Örebro, Sweden
2006	Örebro University Hospital, Dept. of Plastic Surgery; Chief Resident; Örebro, Sweden
2006 – 2007	Sahlgrenska University Hospital, Dept. of Plastic Surgery; Surgeon in Training; Gothenburg, Sweden
2007 – 2017	Sahlgrenska University Hospital, Dept. of Plastic Surgery; Consultant in Plastic Surgery; Gothenburg, Sweden
2009 – 2015	Art Clinic, Aesthetic Plastic Surgery; Consultant in Plastic Surgery, Gothenburg, Sweden
2009 – 2017	Sahlgrenska University Hospital, Dept. of Plastic Surgery; Head of Microsurgery; Gothenburg, Sweden
2011 – 2020	Chief Consultant of In-Patient Care, Dept. of Plastic Surgery
2014 – 2020	Sahlgrenska University Hospital, Dept. of Plastic Surgery; Senior consultant in Plastic Surgery; Gothenburg, Sweden
2020 – 2021	Art Clinic, Aesthetic Plastic Surgery; Consultant in Plastic Surgery, Gothenburg, Sweden
2021 – 2023	Landspítali University Hospital, Dept. of Plastic Surgery; Consultant in Plastic Surgery, Reykjavik, Iceland
2023 –	Vogur Hospital; Doctor, Reykjavik, Iceland
2023 –	Aestetica / Læknastofur Reykjavíkur; Consultant in Plastic Surgery, Reykjavik, Iceland

Activity in societies and councils

1989 – 1990	Student Association of the Music School of Akureyri, Iceland; President
1991 – 1992	Student Association at the Akureyri Junior College, Iceland; President (Inspector Scholae)
1994 – 1996	The University Council of the University of Iceland, repres. The Student Association Vaka
1994 – 1996	The Student Council of the University of Iceland, repres. The Student Association, Vaka
1996	Alumni of Medical School of University of Iceland; representing medical students
1999 – 2000	Association of Medical Students of the University of Iceland; Interests Protection Council; President
2007 – 2010	Association for Icelandic doctors in Sweden; Secretary
2014 – 2019	Swedish Association for Reconstructive Microsurgery; Secretary
2016 – 2020	Representing the Swedish Society of Reconstructive Microsurgery at the Federation of European Associations of Reconstructive Microsurgery
2017 – 2020	Representing The Swedish Society of Plastic Surgery in International Confederation of Plastic Surgery Societies (ICOPLAST)
2018 – 2020	Board Member of ICOPLAST Educational Committee
2018 – 2020	Representative in the board for National Database for Microsurgical Procedures
2019 – 2020	Representative in the board for the Swedish Breast Implant Registry (BRIMP) project
2022 – 2023	Representative in the board of Icelandic Society of Surgery
2022 – 2023	Representative in the board of Scandinavian Society of Surgery

Lectures

- 1997 Conference of Medical Student Research, Reykjavik “Connection between M-protein positive streptococci and exacerbation of psoriasis”
- 2000 Akureyri Regional Hospital, Weekly meeting of staff: “Malingering: When is the patient telling the truth?”
- 2001 The Icelandic Society of Surgeons, Reykjavik; Annual research conference; “Outcome of tibial osteotomies for medial arthrosis in the knee in Akureyri Regional Hospital 1982 – 1997”
- 2001 Akureyri University; Several lectures in neuroanatomy for occupational therapy students
- 2001 Hlíð, Nursing Home; Monthly educational meeting of staff: “Dermatologic disorders in the elderly: Diagnosis and Treatment”
- 2002 Akureyri University; Several lectures in neuroanatomy for occupational therapy students
- 2003 Weekly educational meeting of Surgery and Anesthesia, University Hospital, Reykjavik; “Injuries to the biliary tract”
- 2003 University of Iceland, Department of Physiotherapy; “Thorax: diseases and treatment”
- 2003 The Icelandic Society of Surgeons, Reykjavik; Annual Research Conference; “Outcome of suction-curettage treatment for axillary hyperhidrosis in St. Josef’s Hospital in Iceland”
- 2003 Akureyri University; Several lectures in neuroanatomy for occupational therapy students
- 2004 Örebro University Hospital; Education for residents in oral surgery; “Wound dressings and its applications”
- 2007 Yearly meeting of Dermatologists in West Sweden: ”Gigantic basalioma in the back: a reconstructive problem”

Lectures (cont.)

- 2008 Theme Day on Burn Injury Treatment in West Sweden: "Practical management of burn injury in adults."
- 2008 Theme Day on Burn Injury Treatment in West Sweden: "Wound dressings and its applications."
- 2009 Yearly meeting of the Swedish Association of Plastic Surgeons: "Gothenburg Breast Reconstruction Study; a prospective randomized study."
- 2009 The Breast Cancer Patient Association in Gothenburg: "Breast reconstruction methods and strategies for treatment."
- 2010 Yearly meeting of "Genvägen" (association of carriers of breast cancer genes): "Prophylactic mastectomies and primary reconstruction."
- 2011 Congress of The Scandinavian Association of Plastic Surgeons, Reykjavik, Iceland: "Gothenburg Reconstruction Study"
- 2011 Scientific meeting for vascular surgeons, Sahlgrenska University Hospital: "Wounds and wound closure."
- 2011 Scientific meeting for intensive care staff: "Free flaps and free flap monitoring"
- 2013 IPRAS Congress; Santiago, Chile: "When is the deep inferior epigastric artery flap or the free transverse rectus abdominis myocutaneous flap indicated for breast reconstruction in patients not treated with radiotherapy?"
- 2013 Scientific meeting for intensive care staff: "Free flaps and free flap monitoring"
- 2013 International Workshop in Microsurgery; Gothenburg, Sweden: "Antithrombosis and spasmolytics"
- 2013 Educational meeting of the breast unit, Sahlgrenska: "Breast expanders and the implant breast reconstruction process"

Lectures (cont.)

- 2013 International Breast Surgery Workshop; Rome, Italy: "When is the deep inferior epigastric artery flap or the free transverse rectus abdominis myocutaneous flap indicated for breast reconstruction in patients not treated with radiotherapy?"
- 2014 Scientific meeting for anesthesiologists: Physiology of blood flow in free flaps and postoperative monitoring
- 2014 International Workshop in Microsurgery; Gothenburg, Sweden: "Antithrombosis and spasmolytics"
- 2014 Didactic lectures for scrub nurse students: "Plastic Surgery"/"Breast Surgery"/"Microsurgery"
- 2015 Yearly meeting of the Swedish Association of Plastic Surgeons: "Complications after breast reconstruction"
- 2015 Sahlgrenska Breast Reconstruction Symposium: "Complications after breast reconstruction"
- 2015 International Workshop in Microsurgery; Gothenburg, Sweden: "Antithrombosis and spasmolytics"
- 2015 Annual meeting of transsexual therapy team: "The use of the radial forearm flap for construction of a phallus with sexual sensation"
- 2015 Meeting of team for orthopedic trauma: "The use of free flaps for reconstruction of lower leg fractures"
- 2015 Didactic lectures for scrub nurse students: "Plastic Surgery"/"Breast Surgery"/"Microsurgery"
- 2015 Weekly educational meeting for staff: "Perioperative parameters as independent risk factors for complications after breast reconstruction"
- 2016 Educational meeting for general surgeons in West Sweden: "Free flap surgery"/"Breast reconstruction."
- 2016 International Workshop in Microsurgery; Gothenburg, Sweden: "Antithrombosis and spasmolytics"
- 2016 Didactic lectures for scrub nurse students: "Plastic Surgery"/"Breast Surgery"/"Microsurgery"
- 2017 International Workshop in Microsurgery; Gothenburg, Sweden: "Antithrombosis and spasmolytics"
- 2017 Defense of thesis: "Breast reconstructive surgery: Complications and health related quality of life – Clinical Studies"
- 2017 Sahlgrenska Breast Reconstruction Symposium: "Health-related quality of life after breast reconstruction"

Research

- 1998 Landspítali, University Hospital, Dept. of Immunology; Association between exacerbation of psoriasis and streptococci infections
- 2001 Akureyri Regional Hospital, Dept. of Orthopedic Surgery; Results after knee osteotomy in tibia for medial gonarthrosis
- 2003 Landspítali, University Hospital, Dept. of Plastic Surgery; Suction curettage for hyperhidrosis axillaris
- 2008 – Sahlgreńska Academy, Dept. of Plastic Surgery, University of Gothenburg, Sweden; Breast reconstruction, differences in methods, aesthetic results and health related quality of life
- 2016 – Sahlgreńska University Hospital, Dept. of Plastic Surgery; Reconstruction of mandibular defects after cancer surgery: Complications and Quality of Life
- 2017 – Gothenburg University: Thesis: "Breast Reconstructive Surgery: Risk Factors for Complications and Health Related Quality of life"
- 2017 – Post Doc; Gothenburg University: Breast Reconstructions: Prospective Randomized Studies of Outcome and Quality of Life
- 2018 – Gothenburg University: Co-supervisor of PhD-students research on breast reconstructions
- 2018 – Gothenburg University: Quality of Life after surgery for Head and Neck Cancer

Publications

1. Thorarinsson AM, Gestsson J, Ingvarsson Th. Outcome of tibial osteotomies for medial arthrosis in the knee in Akureyri Regional Hospital 1982 – 1997. The Icelandic medical journal. 2001: 87(4) (In Icelandic)
2. Gudjonsson JE, Thorarinsson AM, Sigurgeirsson B, Kristinsson KG, Valdimarsson H. Connection between M-protein positive streptococci and exacerbation of psoriasis (Abstract). The Icelandic medical journal. 2002 (Suppl. 47):88 (In Icelandic)
3. Thorarinsson AM, Kjartansson J. Outcome of Suction-curettage treatment for axillary hyperhidrosis in St. Josef's Hospital in Iceland (Abstract). The Icelandic Medical Journal 2003: 89;(5) (In Icelandic)
4. Gudjonsson JE, Thorarinsson AM, Sigurgeirsson B, Kristinsson KG, Valdimarsson H. Streptococcal throat infections and exacerbation of chronic plaque psoriasis: a prospective study. Br J Dermatol. 2003 Sep;149(3):530-4
5. Lundberg J, Thorarinsson A, Karlsson P, Ringberg A, Frisell J, Hatschek T, Källström AC, Elander A. When is the deep inferior epigastric artery flap indicated for breast reconstruction in patients not treated with radiotherapy? Ann Plast Surg. 2014 Jul;73(1):105-13.
6. Lewin R, Göransson M, Elander A, Thorarinsson A, Lundberg J, Lidén M. Risk factors for complications after breast reduction surgery. J Plast Surg Hand Surg. 2014 Feb;48(1):10-4.
7. Lewin R, Elander A, Thorarinsson A, Kölby L, Sahlin PE, Lundberg J, Panczel A, Lidén M. A randomized prospective study of prophylactic cloxacillin in breast reduction surgery. Ann Plast Surg. 2015 Jan;74(1):17-21.
8. Thorarinsson A, Fröjd V, Kölby L, Modin A, Lewin R, Elander A, Mark H. Blood loss and duration of surgery are independent risk factors for complications after breast reconstruction. J Plast Surg Hand Surg. 2017 Jan 26;1-9. doi: 10.1080/2000656X.2016.1272462 PMID: 28122466

Publications (cont.)

9. Gustafsson J, Lidén M, Thorarinsson A. Microsurgically aided upper lip replantation - case report and literature review. *Case Reports Plast Surg Hand Surg.* 2016 Sep 3;3(1):66-69. eCollection 2016.
10. Thorarinsson A, Fröjd V, Kölby L, Lewin R, Molinder N, Lundberg J, Elander A, Mark H. A retrospective review of the incidence of various complications in different delayed breast reconstruction methods. *J Plast Surg Hand Surg.* 2016;50(1):25-34. doi: 10.3109/2000656X.2015.1066683. Epub 2015 Sep 11. PMID: 26360138
11. Thorarinsson, A., Fröjd, V., Kölby, L., Lidén, M., Elander, A., Mark, H. Patient determinants as independent risk factors for postoperative complications of breast reconstruction. Manuscript accepted in *Gland Surgery*.
12. Thorarinsson, A., et al. (2017). "Long-Term Health-Related Quality of Life after Breast Reconstruction: Comparing 4 Different Methods of Reconstruction." *Plast Reconstr Surg Glob Open* 5(6): e1316.
13. Doria-Medina, R., et al. (2017). "fMRI after Phalloplasty with Nerve Anastomosis in a Trans-Man Patient." *Plast Reconstr Surg Glob Open* 5(6): e1353.
14. Löfstrand J, Nyberg M, Karlsson T, Thórarinnsson A, Kjeller G, Lidén M, Fröjd V. Quality of Life after Free Fibula Flap Reconstruction of Segmental Mandibular Defects. *J Reconstr Microsurg.* 2018 Feb;34(2):108-120. doi: 10.1055/s-0037-1606537. Epub 2017 Sep 13.
15. Selvaggi G, Wesslen E, Elander A, Wroblewski P, Thorarinsson A, Olausson M. En Bloc Surgical Dissection for Penile Transplantation for Trans-Men: A Cadaveric Study. *Biomed Res Int.* 2018 May 8;2018:6754030. doi: 10.1155/2018/6754030. eCollection 2018.
16. Lewin R, Elander A, Lundberg J, Hansson E, Thorarinsson A, Claudelin M, Bladh H, Lidén M. Validation of the breast evaluation questionnaire for breast hypertrophy and breast reduction. *J Plast Surg Hand Surg.* 2018 Jun 13:1-8. doi: 10.1080/2000656X.2018.1476362.
17. Sigurdardottir ST, Sigurjonsson H, Thorarinsson AM, Erlendsson K. [Autoimmune/inflammatory syndrome induced by adjuvants]. *Laeknabladid.* 2023 Apr;109(4):186-191. Icelandic. doi: 10.17992/lbl.2023.04.739. PMID: 36988131.