

Curriculum Vitae
Andri M Thorarinsson
Jan 2023

Andri M Thorarinsson, MD, PhD

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General information

Born: Reykjavik, January 16th 1972

Married to: Rosa Jonasardóttir, MSc in Finance

Children: Eva Lineik Andradottir, b. 1996

Dadi Andrason, b. 2001

Ina Andradottir, b. 2008

Education and licenses

| | |
|-------------|---|
| 1979 – 1988 | Elementary School in Akureyri, Iceland |
| 1981 – 1991 | Akureyri Music School; trombone 7. stage, musical theory 8. stage |
| 1988 – 1992 | Junior College of Akureyri, Iceland; student exam |
| 1992 – 1993 | Riverside Community College, California, USA |
| 1993 – 1994 | University of Iceland, Faculty of Social Sciences, Psychology |
| 1994 – 2000 | University of Iceland, Faculty of Medicine; Cand. med. et chir. (MD) |
| 2002 | Icelandic medical license |
| 2004 | Swedish medical licence |
| 2007 | Swedish licence as Plastic Surgeon |
| 2007 | Icelandic licence as Plastic Surgeon |
| 2008 | Danish licence as Plastic Surgeon |
| 2008 – 2017 | Gothenburg University, PhD studies; Breast reconstruction methods, complications and health related quality of life |

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| 2017 | Defence of thesis; PhD degree |
| 2017 | Norwegian medical licence |
| 2018 | Norwegian licence as Plastic Surgeon |

Postgraduate courses

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|------|---|
| 2001 | Society of Surgeons, Reykjavik; Annual research conference |
| 2003 | The Icelandic Society of Surgeons, Reykjavik; Annual research conference |
| 2003 | Plastic Surgery 2003 – ASAP Congress; San Diego, USA |
| 2003 | ABLS (Advanced Burn Life Support), Linköping, Sweden; Diploma |
| 2004 | The Icelandic Society of Surgeons, Reykjavik; Annual research conference |
| 2005 | SK-course IV: Trauma; Uppsala, Sweden |
| 2005 | Microdialysis in the Clinic; Stockholm, Sweden |
| 2005 | SK-course V: Aesthetic Surgery; Malmö, Sweden |
| 2005 | Study day in Hemifacial microsomia; Uppsala, Sweden |
| 2006 | SK-course I: Congenital malformations; Bergen, Norway |
| 2006 | SK-course II: Cancer and Reconstructive Surgery; Helsinki, Finland |
| 2007 | SK-course III: Transplantation; Odense, Denmark |
| 2007 | Northwick Park Workshop in Microsurgery, London, England |
| 2008 | 11th Nordic Burn Injury Meeting; Uppsala, Sweden |
| 2008 | Nordic Advanced Burn Forum; Thorsskogsslott, Sverige |
| 2008 | Instructional Course on Augmentation Mammoplasty, Madrid, Spain |
| 2010 | Introduction to research (15p); Gothenburg University, Gothenburg, Sweden |
| 2010 | Congress of Scandinavian Association of Plastic Surgeons; Reykjavik, Iceland |
| 2011 | World Society Reconstructive Microsurgery Congress; Helsinki, Finland |
| 2012 | Advanced Statistics (4,5p); Gothenburg University, Gothenburg, Sweden |
| 2013 | Measurement of Health Related Quality of Life (7,5p); Gothenburg University, Sweden |
| 2013 | International Plastic, Reconstructive and Aesthetic Society Congress; Santiago, Chile |
| 2013 | International Breast Surgery Workshop; Rome, Italy |
| 2014 | European Federation of Societies for Microsurgery Congress; Barcelona, Spain |
| 2014 | Member of faculty; International Workshop in Microsurgery; Gothenburg, Sweden |
| 2015 | The Swedish Association for Plastic Surgeons – Annual meeting |
| 2015 | Member of faculty; International Workshop in Microsurgery; Gothenburg, Sweden |
| 2015 | The Annual Meeting of the Swedish Association for Reconstructive Microsurgery |

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- 2015 Member of Faculty: International Workshop in Microsurgery; Gothenburg, Sweden
- 2016 The Annual Meeting of the Swedish Association for Reconstructive Microsurgery
- 2016 Member of Faculty: International Workshop in Microsurgery; Gothenburg, Sweden
- 2017 The Annual Meeting of the Swedish Association for Reconstructive Microsurgery
- 2017 Member of Faculty: International Workshop in Microsurgery; Gothenburg, Sweden
- 2018 The Annual Meeting of the Egyptian Society of Plastic & Reconstructive Surgeons; Luxor, Egypt
- 2018 The Annual Meeting of the Swedish Association for Reconstructive Microsurgery
- 2018 The ICOPLAST Symposium - Optimizing results in breast reconstruction; Luxor, Egypt
- 2018 Member of Faculty: International Workshop in Microsurgery; Gothenburg, Sweden
- 2018 The Meeting of the European Federation of Societies of Microsurgery; Belgrade, Serbia
- 2019 Member of Faculty: The Annual Meeting of the Swedish Association for Reconstructive Microsurgery; Gothenburg, Sweden
- 2019 Member of Faculty: International Workshop in Microsurgery; Gothenburg, Sweden

Language skills

Native: Icelandic / Swedish

Fluent: English

Advanced: Danish, Norwegian

Limited: German

Work and positions held

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|-------------|--|
| 1984 – 1992 | Akureyri Town; Gardening; Akureyri, Iceland |
| 1993 | Valsmídi Furniture factory; Furniture making; Akureyri, Iceland |
| 1994 | Securitas hf.; Security Guard; Reykjavík, Iceland |
| 1995 – 1996 | Akureyri Botanic Garden; Foreman; Akureyri, Iceland |
| 1997 | Hlíð Nursery Home; Nurse; Akureyri, Iceland |
| 1997 – 1998 | Department for Orthopedic Surgery and Department of Medicine, Regional Hospital in Akureyri; Intern; Akureyri, Iceland |
| 1998 | Landspítali University Hospital; Reykjavík; Research project in immunology as part of BSc degree |

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| 1998 – 1999 | Primary Care at the Health Care Centers at Hornafjordur, Laugaras, Keflavik, Bolungarvik and the Regional Hospital in Akureyri, Iceland; General Practitioner |
| 1999 | Health Care Center in Djupivogur; General Practitioner; Djupivogur, Iceland |
| 1999 – 2000 | Health Care Center in Grundarfjordur; General Practitioner; Grundarfjordur, Iceland |
| 1999 – 2000 | Dept. of Medicine at the Regional Hospital in Akureyri; Intern; Akureyri, Iceland |
| 2000 – 2001 | Regional Hospital in Akureyri. Intern rotation at several departments; Akureyri, Iceland |
| 2001 – 2002 | Akureyri, Primary Care Center; General Practitioner |
| 2001 – 2004 | University of Akureyri; Guest lecturer in neuroanatomy, Akureyri, Iceland |
| 2002 – 2004 | Landspítali, University Hospital; Dept. of Surgery; Resident; Reykjavik, Iceland |
| 2004 | Örebro University Hospital, Dept. of Plastic Surgery; Temporary Position; Örebro, Sweden |
| 2004 – 2005 | Örebro University Hospital, Dept. of Plastic Surgery; Doctor; Örebro, Sweden |
| 2005 – 2006 | Örebro University Hospital, Dept. of Plastic Surgery; Surgeon in Training; Örebro, Sweden |
| 2006 | Örebro University Hospital, Dept. of Plastic Surgery; Chief Resident; Örebro, Sweden |
| 2006 – 2007 | Sahlgrenska University Hospital, Dept. of Plastic Surgery; Surgeon in Training; Gothenburg, Sweden |
| 2007 – | Sahlgrenska University Hospital, Dept. of Plastic Surgery; Consultant in Plastic Surgery; Gothenburg, Sweden |
| 2009 – 2015 | Art Clinic, Aesthetic Plastic Surgery; Consultant in Plastic Surgery, Gothenburg, Sweden |
| 2009 – 2017 | Sahlgrenska University Hospital, Dept. of Plastic Surgery; Head of Microsurgery; Gothenburg, Sweden |
| 2011 - | Chief Consultant of In-Patient Care, Dept. of Plastic Surgery |
| 2014 - | Sahlgrenska University Hospital, Dept. of Plastic Surgery; Senior consultant in Plastic Surgery; Gothenburg, Sweden |

Activity in societies and councils

| | |
|-------------|---|
| 1989 – 1990 | Student Association of the Music School of Akureyri, Iceland; President |
| 1991 – 1992 | Student Association at the Akureyri Junior College, Iceland; President |
| 1994 – 1996 | The University Council of the University of Iceland, repres. The Student Association Vaka |
| 1994 – 1996 | The Student Council of the University of Iceland, repres. The Student Association, Vaka |
| 1996 | Alumni of Medical School of University of Iceland; representing medical students |

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|-------------|---|
| 1999 – 2000 | Association of Medical Students of the University of Iceland; Interests Protection Council; President |
| 2007 – 2010 | Association for Icelandic doctors in Sweden; Secretary |
| 2014 – 2019 | Swedish Association for Reconstructive Microsurgery; Secretary |
| 2016 – | Representing the Swedish Society of Reconstructive Microsurgery at the Federation of European Associations of Reconstructive Microsurgery |
| 2017 - | Representing The Swedish Society of Plastic Surgery in International Confederation of Plastic Surgery Societies (ICOPLAST) |
| 2018 - | Board Member of ICOPLAST Educational Committee |
| 2018 - | Representative in the board for National Database for Microsurgical Procedures |
| 2019 - | Representative in the board for the Swedish Breast Implant Registry (BRIMP) project |

Lectures

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| 1997 | Conference of Medical Student Research, Reykjavik “Connection between M-protein positive streptococci and exacerbation of psoriasis” |
| 2000 | Akureyri Regional Hospital, Weekly meeting of staff: “Malingering: When is the patient telling the truth?” |
| 2001 | The Icelandic Society of Surgeons, Reykjavik; Annual research conference; “Outcome of tibial osteotomies for medial arthrosis in the knee in Akureyri Regional Hospital 1982 - 1997” |
| 2001 | Akureyri University; Several lectures in neuroanatomy for occupational therapy students |
| 2001 | Hlíð, Nursing Home; Monthly educational meeting of staff: “Dermatologic disorders in the Elderly: Diagnosis and Treatment” |
| 2002 | Akureyri University; Several lectures in neuroanatomy for occupational therapy students |
| 2003 | Weekly educational meeting of Surgery and Anesthesia, University Hospital, Reykjavik; “Injuries to the biliary tract” |
| 2003 | University of Iceland, Department of Physiotherapy; “Thorax: diseases and treatment” |
| 2003 | The Icelandic Society of Surgeons, Reykjavik; Annual Research Conference; “Outcome of suction-curettage treatment for axillary hyperhidrosis in St. Josef’s Hospital in Iceland” |
| 2003 | Akureyri University; Several lectures in neuroanatomy for occupational therapy students |
| 2004 | Örebro University Hospital; Education for residents in oral surgery; “Wound dressings and its applications” |
| 2007 | Yearly meeting of Dermatologists in West Sweden: “Gigantic basalioma in the back: a reconstructive problem” |
| 2008 | Theme Day on Burn Injury Treatment in West Sweden: “Practical management of burn injury in adults.” |

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- 2008 Theme Day on Burn Injury Treatment in West Sweden: "Wound dressings and its applications."
- 2009 Yearly meeting of the Swedish Association of Plastic Surgeons: "Gothenburg Breast Reconstruction Study; a prospective randomized study."
- 2009 The Breast Cancer Patient Association in Gothenburg: "Breast reconstruction methods and strategies for treatment."
- 2010 Yearly meeting of "Genvägen" (association of carriers of breast cancer genes): "Prophylactic mastectomies and primary reconstruction."
- 2011 Congress of The Scandinavian Association of Plastic Surgeons, Reykjavik, Iceland: "Gothenburg Reconstruction Study"
- 2011 Scientific meeting for vascular surgeons, Sahlgrenska University Hospital: "Wounds and wound closure."
- 2011 Scientific meeting for intensive care staff: "Free flaps and free flap monitoring"
- 2013 IPRAS Congress; Santiago, Chile: "When is the deep inferior epigastric artery flap or the free transverse rectus abdominis myocutaneous flap indicated for breast reconstruction in patients not treated with radiotherapy?"
- 2013 Scientific meeting for intensive care staff: "Free flaps and free flap monitoring"
- 2013 International Workshop in Microsurgery; Gothenburg, Sweden: "Antithrombosis and spasmolytics"
- 2013 Educational meeting of the breast unit, Sahlgrenska: "Breast expanders and the implant breast reconstruction process"
- 2013 International Breast Surgery Workshop; Rome, Italy: "When is the deep inferior epigastric artery flap or the free transverse rectus abdominis myocutaneous flap indicated for breast reconstruction in patients not treated with radiotherapy?"
- 2014 Scientific meeting for anesthesiologists: Physiology of blood flow in free flaps and postoperative monitoring
- 2014 International Workshop in Microsurgery; Gothenburg, Sweden: "Antithrombosis and spasmolytics"
- 2014 Didactic lectures for scrub nurse students: "Plastic Surgery"/"Breast Surgery"/"Microsurgery"
- 2015 Yearly meeting of the Swedish Association of Plastic Surgeons: "Complications after breast reconstruction"
- 2015 Sahlgrenska Breast Reconstruction Symposium: "Complications after breast reconstruction"
- 2015 International Workshop in Microsurgery; Gothenburg, Sweden: "Antithrombosis and spasmolytics"
- 2015 Annual meeting of transsexual therapy team: "The use of the radial forearm flap for construction of a phallus with sexual sensation"
- 2015 Meeting of team for orthopedic trauma: "The use of free flaps for reconstruction of lower leg fractures"

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- 2015 Didactic lectures for scrub nurse students: "Plastic Surgery"/"Breast Surgery"/"Microsurgery"
- 2015 Weekly educational meeting for staff: "Perioperative parameters as independent risk factors for complications after breast reconstruction"
- 2016 Educational meeting for general surgeons in West Sweeden: "Free flap surgery"/"Breast reconstruction."
- 2016 International Workshop in Microsurgery; Gothenburg, Sweden: "Antithrombosis and spasmolytics"
- 2016 Didactic lectures for scrub nurse students: "Plastic Surgery"/"Breast Surgery"/"Microsurgery"
- 2017 International Workshop in Microsurgery; Gothenburg, Sweden: "Antithrombosis and spasmolytics"
- 2017 Defence of thesis: "Breast reconstructive surgery: Complications and health related quality of life - Clinical Studies"
- 2017 Sahlgrenska Breast Reconstruction Symposium: "Health-related quality of life after breast reconstruction"

Research

- 1998 Landspítali, University Hospital, Dept. of Immunology; Association between exacerbation of psoriasis and streptococci infections
- 2001 Akureyri Regional Hospital, Dept. of Orthopedic Surgery; Results after knee osteotomy in tibia for medial gonarthrosis
- 2003 Landspítali, University Hospital, Dept. of Plastic Surgery; Suction curettage for hyperhidrosis axillaris
- 2008 – Sahlgrenska Academy, Dept. of Plastic Surgery, University of Gothenburg, Sweden; Breast reconstruction, differences in methods, aesthetic results and health related quality of life
- 2016 – Sahlgrenska University Hospital, Dept. of Plastic Surgery; Reconstruction of mandibular defects after cancer surgery: Complications and Quality of Life
- 2017 Gothenburg University: Thesis: "Breast Reconstructive Surgery: Risk Factors for Complications and Health Related Quality of life"
- 2017 - Post Doc; Gothenburg University: Breast Reconstructions: Prospective Randomized Studies of Outcome and Quality of Life
- 2018 - Gothenburg University: Co-supervisor of PhD-students research on breast reconstructions
- 2018 - Gothenburg University: Quality of Life after surgery for Head and Neck Cancer

Publications

1. Thorarinsson AM, Gestsson J, Ingvarsson Th. Outcome of tibial osteotomies for medial arthrosis in the knee in Akureyri Regional Hospital 1982 - 1997. The Icelandic medical journal. 2001: 87(4) (In Icelandic)
2. Gudjonsson JE, Thorarinsson AM, Sigurgeirsson B, Kristinsson KG, Valdimarsson H. Connection between M-protein positive streptococci and exacerbation of psoriasis (Abstract). The Icelandic medical journal. 2002 (Suppl. 47):88 (In Icelandic)
3. Thorarinsson AM, Kjartansson J. Outcome of Suction-curettage treatment for axillary hyperhidrosis in St. Josef's Hospital in Iceland (Abstract). The Icelandic Medical Journal 2003: 89;(5) (In Icelandic)
4. Gudjonsson JE, Thorarinsson AM, Sigurgeirsson B, Kristinsson KG, Valdimarsson H. Streptococcal throat infections and exacerbation of chronic plaque psoriasis: a prospective study. Br J Dermatol. 2003 Sep;149(3):530-4
5. Lundberg J, Thorarinsson A, Karlsson P, Ringberg A, Frisell J, Hatschek T, Källström AC, Elander A. When is the deep inferior epigastric artery flap indicated for breast reconstruction in patients not treated with radiotherapy? Ann Plast Surg. 2014 Jul;73(1):105-13.
6. Lewin R, Göransson M, Elander A, Thorarinsson A, Lundberg J, Lidén M. Risk factors for complications after breast reduction surgery. J Plast Surg Hand Surg. 2014 Feb;48(1):10-4.
7. Lewin R, Elander A, Thorarinsson A, Kölby L, Sahlin PE, Lundberg J, Panczel A, Lidén M. A randomized prospective study of prophylactic cloxacillin in breast reduction surgery. Ann Plast Surg. 2015 Jan;74(1):17-21.
8. Thorarinsson A, Fröjd V, Kölby L, Modin A, Lewin R, Elander A, Mark H. Blood loss and duration of surgery are independent risk factors for complications after breast reconstruction. J Plast Surg Hand Surg. 2017 Jan 26;1-9. doi: 10.1080/2000656X.2016.1272462PMID: 28122466
9. Gustafsson J, Lidén M, Thorarinsson A. Microsurgically aided upper lip replantation - case report and literature review. Case Reports Plast Surg Hand Surg. 2016 Sep 3;3(1):66-69. eCollection 2016.
10. Thorarinsson A, Fröjd V, Kölby L, Lewin R, Molinder N, Lundberg J, Elander A, Mark H. A retrospective review of the incidence of various complications in different delayed breast reconstruction methods. J Plast Surg Hand Surg. 2016;50(1):25-34. doi: 10.3109/2000656X.2015.1066683. Epub 2015 Sep 11. PMID: 26360138
11. Thorarinsson, A., Fröjd, V., Kölby, L., Lidén, M., Elander, A., Mark, H. Patient determinants as independent risk factors for postoperative complications of breast reconstruction. Manuscript accepted in Gland Surgery.
12. Thorarinsson, A., et al. (2017). "Long-Term Health-Related Quality of Life after Breast Reconstruction: Comparing 4 Different Methods of Reconstruction." Plast Reconstr Surg Glob Open 5(6): e1316.

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13. Doria-Medina, R., et al. (2017). "fMRI after Phalloplasty with Nerve Anastomosis in a Trans-Man Patient." *Plast Reconstr Surg Glob Open* 5(6): e1353.
14. Löfstrand J, Nyberg M, Karlsson T, Thórarinnsson A, Kjeller G, Lidén M, Fröjd V. Quality of Life after Free Fibula Flap Reconstruction of Segmental Mandibular Defects. *J Reconstr Microsurg*. 2018 Feb;34(2):108-120. doi: 10.1055/s-0037-1606537. Epub 2017 Sep 13.
15. Selvaggi G, Wesslen E, Elander A, Wroblewski P, Thorarinsson A, Olausson M. En Bloc Surgical Dissection for Penile Transplantation for Trans-Men: A Cadaveric Study. *Biomed Res Int*. 2018 May 8;2018:6754030. doi: 10.1155/2018/6754030. eCollection 2018.
16. Lewin R, Elander A, Lundberg J, Hansson E, Thorarinsson A, Claudelin M, Bladh H, Lidén M. Validation of the breast evaluation questionnaire for breast hypertrophy and breast reduction. *J Plast Surg Hand Surg*. 2018 Jun 13;1-8. doi: 10.1080/2000656X.2018.1476362.